

Worried about money?

We can help you.



Anyone can find themselves in debt.

The impact of the pandemic has increased financial fears and worrying about money can affect mental health and wellbeing.

Altrincham Healthcare Alliance PCN (a group of five local GP practices) is working with **Citizens Advice Trafford** to provide support and advice to those with money worries:

- Managing debt
- Budgeting and repayment plans
- Bankruptcy issues
- Applying for a 60 day breathing space from creditors
- Bailiff action
- Rent arrears and eviction
- Benefits – entitlement, additional income, appeals



**ALTRINCHAM
HEALTHCARE ALLIANCE**
PRIMARY CARE NETWORK

Altrincham Healthcare Alliance Primary Care Network which includes Altrincham Medical Practice, Park Medical Practice, Shay Lane Medical Centre (Drs Kelman, Cranston, Naylor, Haslam, Connell and Pathak), St Johns Medical Centre and West Timperley Medical Centre **is working in partnership with Citizens Advice Trafford to help those struggling with debt.**

The dedicated service aims to support patients of the five practices and relieve the stress and anxiety linked to debt and financial struggles.

Please contact us if you have money worries. We are here to help.

Contact the Social Prescribing team via your GP practice or email: trccg.socialprescriberahapcn@nhs.net including your name, address and GP practice.

Email: aha@nhs.net

Twitter: @AltHealthAllPCN

Website: www.altrinchamhealthcarealliance.co.uk



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